| GARMENT SIZE (CIRCUMFERENCE) | UK DRESS SIZE EQUIVALENT | EUR DRESS SIZE EQUIVALENT | USA DRESS SIZE EQUIVALENT | BACK PAD SIZE / LENGTH |
|---------------------------------|--------------------------------|---------------------------------|---------------------------------|------------------------------|
| Adult XSMALL | 8 | 36 | 4 | REGULAR / 49cm |
| Adult SMALL | 10 | 38 | 6 | REGULAR / 49cm |
| Adult MEDIUM | 12 | 40 | 8 | REGULAR / 49cm |
| Adult LARGE | 14 | 42 | 10 | REGULAR / 49cm |
| Adult XLARGE | 16 | 44 | 12 | REGULAR / 49cm |

All measurements are in centimetres (cm)